

## **PLAN of STUDIES in SINTERGETICA**

### **Formation in Complementary Medicines from the Integral Vision of Sintergetica**

Sintergetica is an integral therapeutic approach that fuses medical traditional views with western medicine from a systemic vision, integrating its language and practice in a coherent and unified model.

As an integrative paradigm, it is born of a new conception of the correlations between matter, energy, information and conscience, and uses five basic laws of the paradigm of consciousness that correspond to the five movements of the old Chinese and Hindu traditions.

Its practice has expanded to Colombia, Chile, Argentina, Brazil, Peru, Ecuador, Puerto Rico, Venezuela, Mexico, Spain and Portugal, where teaching is carried out through graduate degree seminars and clinical practices.

In Chile, in these last three year course, they have developed a teaching favoured and financed by the Chilean Ministry of Health (1) that has ended in the creation of 'Units of Integrative Medicine' and the expansion of Sintergetica pattern in some Public Hospitals.

In synthesis Sintergetica is a therapeutic integral proposal that, from a new vision of life, health, illness and the human being, proposes a new reading code of the clinical pathology, a new doctor – patient relationship model, a new non-invasive therapeutic methodology.

All this in the framework of promoting the humanization of the medicine, through a therapeutic teaching, that involves the patient in the prevention of illness and the creation of their own health.

### **Sintergetica Formation General Objectives**

1. That they learn and integrate to their practice those key elements of the non-conventional medical thinking, so they can work them from their complementarity.
2. That they acquire basic notions about the scientific information that supports the exercise of the main complementary therapies in the world today.
3. That they acquire knowledge and abilities that allow them to integrate complementary aspects of different therapeutic disciplines in an operative synergistic unit.
4. That they develop the ability to look from a wider and more open perspective the classic notions of health and illness.
5. That they integrate in the development of new technologies and low cost medications that allow them to practice a medicine that is socially accessible.
6. To introduce students in the dynamics of permanent and responsible self-formation that allows them to have a creative and responsible practice.

### **Methodology**

1. Introduction to a systemic vision of life like an interwoven field of dynamic and inseparable interdependences.
2. Introduction to the Holistic Vision. From its whole to parts. From men to the system and from system to organ. Indivisibility, coherence and hierarchical organization of the unified biological field.
3. Introduction to the new vision of molecular interaction, anatomy, physiology, energetics and psychology in terms of the unified field of consciousness.
4. A learning system based on the fellow's dynamics, more than in problems or objects seen scatteredly.
5. Theory and practice will be integrated through the presentation of clinical cases and interactions with patients.
6. The elimination of some usual master class teaching procedures in function of the development of students' dynamic participation.
7. A model of permanent evaluation based on participation and understanding, more than in memory or repetition.
8. All the students will receive basic bibliography and written material that supports the topic to try in each module.

### **Definitions of Levels and Modules**

Formation that is structured according to the necessities of this country, so to be able to instruct and integrate this vision of synthesis into therapists and students.

#### LEVEL I

- General Introduction to Sintergetica
- The Big Therapeutic Territories
- Somatotopies and Reflexo-Therapies
- Biocybernetics, Vibrational Medicines and Bioinformation
- Science of Consciousness - Introduction to Healing
- Sintergetica and Healing

#### LEVEL II

- Bioelectromagnetism and Biology of Light
- Neuro sintergia
- Auricle sintergia
- Practical approach of Sintergetica in the Most Common Pathologies – First Part - Specialties I
- Practical approach of Sintergetica in the Most Common Pathologies – Second Part - Specialties II
- Manual Etheric Medicine in Sintergetica
- The Synthesis of the Synthesis

The integral formation in Sintergetica is divided in levels, and each level in modules.

The first level gives all the general and basic elements of Sintergetica, and starting from the second level the most important topics are recaptured and given in depth, that is to say, it becomes more concrete and students practice the information. We start from the general with emphasis in the practical and we get to the specifics keeping practice as primordial element.

In the specific programming of each module, we include texts with a review of the topic so that the possible assistants can have a general idea of the objective that is pursued with each one of the modules.

Additionally we give them support material in which a synthesis of the topic is included, this is study material that gives support to the student and widens some of the information that is given in the different modules. They are also given a part of the bibliography that is covered in each one of the topics.

#### **Monitoring in Sintergetica Medicine and Study Group**

Every Tuesday from 18:30 to 20:30 Sintergetica Lectures are conducted.

The initial Objective of these lectures is to prepare the assistants for the Formation in Complementary Medicines from the Integral Vision of Sintergetica. Consequently the order of these lectures will be the same of the Plan of Formation.

The lectures are given by Sintergetica Medicine Therapists that accompany the process of the students' learning, helping to consolidate the knowledge and integrate in a practical way all the concepts seen in each module.

The first period of Lectures will be a General Introduction to Sintergetica that will have duration of 6 sessions of two hours each, and which is imparted by Sintergetica Australia, beginning the day August 11, 2009.

People are given written material that supports the topic to cover in each class, documents and bibliography based on the Plan of Formation of Sintergetica that is developed in all the remaining countries where the qualification is imparted. This is also supported with DVD projection sessions watched in group, to later re-distribute them to each assistant of the class.

The practice is carried out through the presentation of clinical cases and the interaction with patients during the lectures.

The Formation in Complementary Medicines from the Integral Vision of Sintergetica will be given by Doctors of the Educational Group of Sintergetica Colombia that will be announced in due advance.

#### **FIRST LEVEL – MODULE 1**

##### **GENERAL INTRODUCTION TO SINTERGETICA**

- The spirit of the synthesis in the clinical practice
- Conceptual framework of Sintergética: The road toward the synthesis
- Visions of the world in Sintergética Practice
- The challenge of a more human medicine
- The cultural Metaphors of the science
- The medical eras
- The synthesis in the practice. The code of the simple thing
- The human symbol: toward a new code of reading of the human symbol
- The energy concept and biological field
- The energy human field
- Field M
- Field R
- The practice of Sintergética

#### **FIRST LEVEL – MODULE 2**

##### **THE BIG THERAPEUTIC TERRITORIES**

- The consequences of the new paradigm in the practice of Sintergética
- Energy vital system and systems of signs conduction, with emphasis in the clinical application
- Complementarity of the big medical systems
- Correspondence Conscience-Information and Energy-Matter
- The western medicine as territory of the conscience in the matter
- The traditional medicines
- The practice of Sintergética

#### **FIRST LEVEL - MODULE 3**

##### **SOMATOTOPIES AND REFLEXO -THERAPIES**

- The BioCircuits in the clinical practice
- Somatotopies and Reflexo-Therapies
- Auriculotherapy
- Sintergetica, Bioenergetics and Biocybernetics
- The practice of Sintergetica

#### **FIRST LEVEL - MODULE 4**

##### **BIOCYBERNETICS, VIBRATIONAL MEDICINES AND BIOINFORMATION**

- Of the bioenergetics to the biocybernetics
- The Vibrational Medicines to the light of Sintergética
- Application of general principles in clinical Sintergética
- The therapy with the own oscillations
- Bioinformation
- Introduction to the general theory of systems

- Systemic vision of the biofield: biological nets
- Theory of the information applied to the clinic
- The feedback circuits: self recognition and immunity
- Neuro sintergia: bands. Columns, conjunction areas, interfaces in the clinical dynamics
- Vibrational Isotherapy: the preparation of vibrational medication in Sintergetica. Systems Info-Vac. Preparation methods. Examples and clinical results
- Practical synthesis of the use of resonators of morphic archetypes in Sintergetica. Basic protocols.
- The practice of Sintergetica

#### **FIRST LEVEL – MODULE 5**

##### **SCIENCES OF CONSCIOUSNESS. INTRODUCTION TO HEALING**

- The conscience inscribed in the time: The cycles of life
- The dynamics of conscience in the genesis, the development and the prognosis of illness
- Sciences of the consciousness in the clinical dynamics
- The therapeutic imagery
- Introduction to Spiritual Healing
- Beyond the Bio-resonances: The soul and its mechanism
- From intellect to intuition: From impression to telepathy in the diagnostic process
- The alignment process and the healer's preparation
- The subtle anatomy: Science of the rays and the centres
- The practice of Sintergetica

#### **FIRST LEVEL - MODULE 6**

##### **SINTERGETICA AND HEALING**

- Healing the healer
- Light of the soul
- The twelve portals of the soul
- The archetypes of the collective unconscious
- The art of dying
- Final Clinical integration
- Practical Clinical protocols
- Specific Clinical protocols
- Presentation of clinical cases
- The practice of Sintergetica

#### **SECOND LEVEL - MODULE 1**

##### **BIOELECTROMAGNETISM AND BIOLOGY OF LIGHT**

- Bioelectromagnetism
- The electromagnetism and life
- Differences of biological potential: polarity and Sintergetica
- Electric, magnetic and reticular energies: A Sintergetica vision
- Use of the biocircuits in Sintergetica
- The magnetic fields and the nervous system
- Magnet therapy contexts for the clinical practice
- Magnet therapy protocols
- The electromagnetic pollution: revision and therapeutic proposals
- Biology of Light. From Light to substance. Light and evolution
- Light's nature: corpuscular and wave theories
- Theories of colour: clinical implications

- Polarized Light in the therapeutic practice: polaroid filters
- Photopigments and Photosystems
- Introduction to the photobiology, biophotons and bio-resonators
- Pineal, melatonin and biorhythms. The light and the neurovegetative
- The colours, the rays and the centres
- The practice of the systemic and ocular chromotherapy
- The dermal photo reactivity and the colour program
- Chromatic filters and Chromium-Ram systems
- The colour and the imagery in healing
- The coherent light in Sintergetica
- Mechanisms of action of Laser Light. Soft-laser
- Obstacles to the therapy and their correction: blockades, oscillations, parasitosis, leaks
- Up-to-date therapeutic protocols: practical and specifics
- Via Laser. Use guide. The new frequencies and their clinical utility
- Photobiology and Sintergetica
- The practice of Sintergetica

## **SECOND LEVEL – MODULE 2**

### **NEURO SINTERGIA**

- Therapy of the nervous system by the light of Sintergetica
- Keys for a new vision of the nervous central system
- Energetic geometry of the nervous central system
- Radars. Computers and cerebral nets
- Neuro sintergia of the three brains
- Clinical applications
- Neuro sintergia and unit psyche-brain-soma
- Neuro sintergia and Hamer Laws
- Clinical meaning of bands, columns and crossings
- Cephalic Psycho Somatotopies
- Code of the three synthesis territories
- From neuronal field to the quantum field
- Neuro sintergia and Healing
- Therapeutic protocols in Neuro sintergia
- The practice of Sintergetica

## **SECOND LEVEL - MODULE 3**

### **AURICLE SINTERGIA**

- From the ear to wholeness. A Sintergetica dimension of Auriculomedicine
- Taking of the pulse in Auriculomedicine. Myths and realities
- Practical synthesis of the pulse in Sintergetica
- The general laws of Auricle sintergia and its therapeutic implications
- The main therapeutic resources and the development of appropriate technologies
- The transfers of information
- Outer ear front areas. Magnetic barriers. Black holes.
- Sagittal Channels. Transfer of white light and colour programs
- The main diagnostic technical in Auricle sintergia. The three energies, the radioactive and gravitation information
- Detection and correction of therapeutic obstacles
- Simple and polarized Magnetic Fields. Their therapeutic utility

- Nets, polarization systems. Polarized Luz, polarized magnetism. Polartrons and coherent light
- The evaluation and the therapy of the practical in Auricle sintergia. Therapy of the systems of conduction of signs. Diagnosis and therapy of the dis laterally
- Auriculo-cybernetics
- The practice of Sintergetica

## SECOND LEVEL - MODULE 4

### PRACTICAL APPROACH OF SINTERGETICA IN THE MOST COMMON PATHOLOGIES – FIRST PART - SPECIALTIES I

1. Sintergetica in Gynaecology and Obstetrics
  - a. Hiperprolactinemia
  - b. Dismenorrea
  - c. Pelvic chronic pain
  - d. Endometriosis
  - e. Sterility
  - f. Syndrome of Sheehan
  - g. Hiperemesis gravidarum
  - h. Polihidramnios
  - i. Premature childbirth threat
  - j. Pre-eclampsia
  - k. Induction of the childbirth
  - l. Depression post-childbirth
  - m. Breast cancer
  - n. Cervix cancer
2. Sintergetica and Cardiology
  - a. Myocardiopathies
  - b. Arrhythmias
  - c. Arterial hypertension
  - d. Vasculitis and dysfunctions of the sanguine perfusion
3. Sintergetica and Neumology
  - a. Epoc, Excess post-exercise oxygen consumption
  - b. The adult's asthma
  - c. The lung interference field
  - d. Bronchogenic cancer
4. Sintergetica in Paediatrics
  - a. Applications in Neonatology
  - b. Dysfunctions of the growth and the development
  - c. Cerebral paralysis
  - d. Atopies and alimentary allergies
  - e. Vaccination and desensitisation
  - f. Syndrome of bronchial irritability
5. Sintergetica in Surgery
  - a. The surgical patient's preparation
  - b. Post surgical des interference
  - c. Paralytic ileus
  - d. Postoperative pain
6. Sintergética in Gastroenterology
  - a. Acid peptic disease
  - b. Chronic hepatitis
  - c. Hepatic cirrhosis
  - d. Pancreatic Dysfunction
  - e. Malabsorption syndrome
  - f. Syndrome of discontinuity of the mucous

- g. Crohn's disease
  - h. Irritable bowel
  - i. Ulcerative colitis
  - j. Haemorrhoids
  - k. The tumours of the digestive tract
7. Sintergetica and Otorhinolaryngology
- a. Rhinitis
  - b. Sinusitis
  - c. Vertigo and tinnitus
  - d. Pharynx-tonsillitis
  - e. Dysphonic
8. The practice of Sintergetica

## SECOND LEVEL - MODULE 5

### PRACTICAL APPROACH OF SINTERGETICA IN THE MOST COMMON PATHOLOGIES – SECOND PART - SPECIALTIES II

1. Sintergetica in Neurology
  - a. Disautonomias
  - b. Myasthenia gravis
  - c. Multiple sclerosis
  - d. Amyotrophic lateral sclerosis
  - e. Epilepsies
  - f. Memory and learning in Sintergética
  - g. Transitory cerebral Isquemia
  - h. Neuropathies
  - i. Syndrome of post-traumatic shock
  - j. Migraines
  - k. Discale hernias
  - l. Trigeminal neuralgia
2. Sintergetica in Orthopaedics and Thaumatology
  - a. Chronic lumbago
  - b. Fracture-consolidation
  - c. Focus of the sharp trauma
  - d. Sympathetic dystrophy
  - e. Dyscopaties
  - f. Deviation of the spine
  - g. Cervico-brachial syndrome
  - h. Thoracic outlet syndrome
  - i. Sintergética in Sport Medicine
3. Sintergetica and Nephrology
  - a. Chronic renal failure
  - b. Nephrotic syndrome
  - c. Glomerulonephritis
  - d. The patient's monitoring with renal transplant
4. Sintergetica and Urology
  - a. The prostatic syndrome
  - b. Prolapses
  - c. Urinary incontinence
  - d. Nocturnal enuresis
  - e. Urolithiasis
5. Sintergetica and Immunology
  - a. Rheumatoid arthritis
  - b. Systemic lupus erythematosus
  - c. Others autoimmune illnesses
  - d. Arthrosis
  - e. The inmunomodulacion and the illness neoplastic
6. Sintergetica and Endocrinology
  - a. Implications of the new code of reading of the endocrine system
  - b. Applications to the main endocrinopathies
  - c. Hypothalamo-hypophysial-suprarenal axis
  - d. Hypothalamo-hypophysial -thyroid axis
  - e. Hypothalamo-hypophysial –gonadal axis
  - f. Diabetes mellitus
  - g. Diabetes insipidus
7. Sintergética in Dermatology

- a. Chronic Dermatitis and Isovac (auto vaccine)
  - b. Vitiligo
  - c. Allergic Dermatitis
  - d. Psoriasis
8. Sintergética in Ophthalmology
  - a. Periocular axes
  - b. Pterygium
  - c. Conjunctivitis
  - d. Macular degeneration
  - e. Diabetic retinopathy
9. Sintergética in Psychiatry
  - a. Perspectives of Sintergética in the field of the mental illnesses
10. Practice in Sintergética

## **SECOND LEVEL - MODULE 6**

### **MANUAL ETHERIC MEDICINE IN SINTERGETICA**

- The etheric net, the circulation of the prana and the vital energy system: possibilities of therapeutic modulation
- Energy geometry and Manual Etheric Medicine
- The Techniques of manual impression of the energy
- The manual transfers of information and energy
- Manual therapy of the nadis net and their interactions with the neurovascular net and neuroendocrine
- The manual modulation of the valvular systems and the correction of energy barriers. Polarity and Manual Etheric Medicine
- The mudras and their therapeutic applications
- Etheric Reflexo-therapy and therapeutic touch without contact
- The Manual Etheric Medicine in Neuro sintergia
- The Manual Etheric Medicine in the dysfunctions of the static and dynamic column
- Global energy balance and Manual Etheric Medicine
- The clinical experience in Manual Etheric Medicine from Sintergética
- A synthesis protocol
- The practice in Sintergética

## **SECOND LEVEL – MODULE OF SYNTHESIS**

### **THE SYNTHESIS OF THE SYNTHESIS**